



Are there certain foods I should eat or avoid?

To find out the answer to this and other questions, and to learn helpful eating tips while undergoing cancer treatment, come to this informative class!

Nutrition for cancer patients

There can be many nutritional obstacles for a person with cancer, including loss of appetite, nausea and alterations in taste. This free informational class can provide nutritional tips to get your system through this challenging time. The class is valuable for family members and caregivers as well, and will be taught by Libby Mullins, a Registered Dietitian.

Fourth Wednesday of the month, 1-2:30 p.m.
Providence Regional Cancer System – Lacey
4525 Third Avenue SE, Suite 200

Free! Family and caregivers welcome!



Instructor, Libby Mullins, RD, CSO, CD, earned a Bachelor of Arts from The Evergreen State College and a post baccalaureate degree in Nutrition and Food Science from Central Washington University. She completed her dietetic internship at OregonHealth Sciences University.

For the past 10 years, Libby has practiced as a registered dietitian, providing medical nutrition therapy in both the inpatient and outpatient settings. In 2010, she became a Certified Specialist in Oncology Nutrition through the American Dietetic Association.

Since 2006, she has been employed as a clinical dietitian at Providence St. Peter Hospital.

To register, call 360.412.8951